

The Art and Science of Dental Medicine

With much-celebrated advantages for patients, the dental sciences have evolved significantly over the years. Meet the dentist who anticipated the future and embraced it.

“Building an oral health home for families where comprehensive, top-of-the-line dental services were easily accessible was my goal,” says Dr. Thomas Abele, who, since 1969, has been a pioneer and leader in the dental sciences in the Capital District. “With the support of a talented and dedicated staff, I hope I have achieved that.”

By offering a total spectrum of care for all ages, Dr. Abele eliminates the need for patients to move from doctor to doctor to achieve optimal oral health, comfort, and beauty. Early on, he spent the additional hours of training to become qualified in dental implant technology and root canal therapy. His consistent reinvestment in his practice ensures that patients are offered the latest in minimally invasive approaches, digital imaging, laser power, and sedation dentistry.

Skill Plus Eye

“Dental medicine, most pointedly when encompassing cosmetic dentistry, is definitely an art,” says Dr. Abele. “Every aesthetic aspect of a patient’s face must be taken into consideration when addressing

reconstructive procedures, whether in the application of veneers and crowns or restorations with implants.”

Because Dr. Abele works closely with the technicians of his on-site dental lab, issues such as tooth color and shape are seamlessly addressed.

His deep experience in placing dental implants, including the latest in genetically coated bone grafting, when required, and beautifully designed tooth restorations is renowned.

Options Fully Explained

Citing the importance of patient education, Dr. Abele says, “Although I personally feel responsible for my patients’ oral health, they have to ‘buy in.’ That requires helping them understand why compliance with good oral health habits, including attention to their gums, can make them healthier and happier. I enjoy taking the time needed to answer questions and provide ongoing support.

“As much as I have always enjoyed the research and ongoing education that dental medicine requires in order to stay at the top of the game, I most enjoy the results I see in my much valued patients. They are the ones who make me look good.”



Thomas H. Abele, DMD, FAGD



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